

# MISS CHRISTINE'S CHEERLEADING CAMP



474-7033

[misschristinescheerleading@hotmail.com](mailto:misschristinescheerleading@hotmail.com)

[www.misschristinescheerleading.weebly.com](http://www.misschristinescheerleading.weebly.com)

412 Fairbrooke Cres, Thunder Bay ON, P7B 6Z6

## INFORMATION

**Miss Christine's Cheerleading** was established by Christine Wituluk for the ever growing popularity and love of cheerleading. Encouraging youth to take part in cheerleading will provide them with an amazing and unforgettable experience. Christine has 25 years of combined cheerleading and recreational gymnastics coaching experience at both the high school and elementary school levels. Miss Christine's Cheerleading Camps are the original cheer camps in Thunder Bay (since 2007).

**Staff:** We take pride in providing our students with coaches that are well-trained, reputable individuals with experience in cheerleading, dance and/or gymnastics. Teams will have an appropriate athlete to instructor ratio with an emphasis on supervision and safety.

**Miss Christine's Cheerleading** encourages children to develop their interpersonal skills and athleticism in a comfortable and safe environment, designed to bring out the "cheerleader" in everyone. Self-confidence, leadership skills, team building skills, healthy lifestyle choices, and a feeling of accomplishment are all benefits of cheerleading. It's a perfect place to use up energy to dance, cheer, yell cheers, build stunts and pyramids, and much more.

Each team/class will demonstrate a routine on the final day of camp. Kittens at 11:20 AM, & Cats/Tigers at 12:30  
Each athlete will receive a custom **Miss Christine's Cheerleading** T-shirt at no extra charge.

**WHERE:** THUNDER BAY GYMNASTICS ASSOC. (CLE grounds)

**WHEN:** CAMP #1: July 25-29                      CAMP #2: August 22-26                      (mornings only - see below)

**BRING:** INDOOR runners with socks, ponytail, water bottle, and 1 high energy peanut-free snack.

Please bring layers (ie: tank tops, shorts, sweater). No outdoor runners will be permitted on the matted floor.

Team Name	Grade completed	Times (x 5 days)	1 week	2 weeks (discounted)
Kittens	JK, SK, Gr1	8:55 am - 11:45 am	\$ 85.00	\$150.00
Cats	Gr2, Gr3, Gr4	9:00 am - 12:45 pm	\$130.00	\$225.00
Tigers	Gr5, Gr6, Gr7, Gr8	9:00 am - 12:45 pm	\$130.00	\$225.00

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## REGISTRATION FORM

Mail to address above or drop off at Balmoral Park Acura or TBGA.

~Cheques payable to Miss Christine's Cheerleading~

Athlete Name:		Grade completed Jun /16:			
		Age:			
<b>Team? (circle one):</b> Kittens   Cats   Tigers		<b>Session:</b> Camp #1   Camp #2 or Both			
School (optional):					
Previous related experience? (not necessary):					
T-shirt Size (circle one):					
Youth X-small (5/6/7)		Youth sml (8/9/10)		Youth med (11/12/14)	
		Youth lrg (16)			
		Adult sml		Adult med	
				Adult lrg	
It is important to leave several contact numbers to ensure you are reached in the case of an emergency! Please circle the number we should call first!					
<b>Parent/Guardian Contact Name:</b>					
Cell #:		Home Phone #:		Work #:	
Alternate contact person names:				Phone #s:	
Payment Amount Enclosed: \$      CASH   or   CHQ      ***Receipts will be issued at last day of camp. Family discount 20%?					
<b>Email:</b>					

**Will you be participating in the TBGA afternoon program?   Y   N**  
If yes, please register directly with TBGA at 628-8474

# MISS CHRISTINE'S CHEERLEADING CAMP PARTICIPATION AGREEMENT

## ALL SPORTS, INCLUDING CHEERLEADING, HAVE RISKS.

I desire to voluntarily participate in cheerleading. I hereby acknowledge that I am aware of the risks and hazards associated with or related to cheerleading. The risks and hazards of cheerleading include, but are not limited to, injuries relating to:

- Exerting and stretching various muscle groups;
- Executing strenuous and demanding physical techniques;
- Physical exertion, cardiovascular workouts, rapid movements and quick turns and stops;
- Falling or colliding with the floor/ground, mats, equipment or with other participants;
- Contacting or being struck by other participants (including spotters), or spectators;

Initial: \_\_\_\_\_

Furthermore, I am aware that:

- Rules are designed to enhance the safety of myself and others and are to be followed at all times;
- My risk of injury increases as I become fatigued;
- Injuries sustained in cheerleading can be severe;
- I may experience anxiety while challenging myself during the activities.

Initial: \_\_\_\_\_

## I AGREE TO BE RESPONSIBLE FOR MYSELF

I AGREE THAT THERE ARE RISKS IN CHEERLEADING AS DESCRIBED ABOVE. By participating in these events, activities and programs, I am exposed to these risks and hazards. I agree to accept them and be responsible for any injury or other loss which I might receive while participating in these events, activities and programs.

In consideration of my participation in cheerleading programs, activities and events, I hereby release MISS CHRISTINE'S CHEERLEADING, their respective directors, officers, members, employees, coaches, volunteers, officials, participants, agents, owners of the facility representatives' from any and all claims, demands, actions, injuries, expenses and costs which might arise out of my participation.

## APPEARANCE AGREEMENT

I understand that Miss Christine's Cheerleading may use photos or videos taken at cheerleading camp for promotional material relating to Miss Christine's Cheerleading programs such as but not limited to websites, advertisements and any other promotional material currently and in the future.

## I ACKNOWLEDGE MAKING THIS AGREEMENT

I have read and understood the terms and conditions of this agreement, and by signing it voluntarily, I am agreeing to abide by these terms.

\_\_\_\_\_  
Printed name of participant

\_\_\_\_\_  
Printed name of Parent or Guardian

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date

## MEDICAL INFORMATION

Age: \_\_\_\_\_

Address: \_\_\_\_\_

OHIP # (optional): \_\_\_\_\_

Allergies and Medications:

Comments:

In order for my daughter/son to receive necessary medical attention in the event of an injury or illness, I hereby grant Miss Christine's Cheerleading staff members or volunteers to obtain medical treatment for my daughter/son.

\_\_\_\_\_  
Printed name of Parent or Guardian

\_\_\_\_\_  
Signature of Parent or Guardian

\_\_\_\_\_  
Date